

ATHLETIC RECRUITING TIMELINE

The following is a suggested sequence of events and expectations that should be kept in mind throughout high school.

FRESHMAN YEAR

Desire: Enjoy the Sport

- Get settled in High School. Concentrate on a solid H.S. curriculum.
- Talk to coaches or Athletic Director about local club teams in your sport.
- Setup a workout schedule allowing comfortable time for academics and sports.

SOPHOMORE YEAR

Development: Club & Camps

- Continue striving for academic success. Research NCAA academic requirements.
- Make sure that you are “on target” for all core requirements.
- Continue with school and club sports.
- Visit the career center or counselor’s office and start investigating colleges and their admission requirements.
- During the summer between sophomore and junior years, prepare your athletic resumé.
- Prepare to send out your initial contact letters with resumé. Include high school and club playing schedules, if available. If schedules are not available, mail follow-up letter and schedule as soon as they become available, but still send out initial letters.

JUNIOR YEAR

Decisions: Critical Recruiting Period

- **Register with the NCAA Initial-Eligibility Clearinghouse.**
- Send out athletic resumé now, if you have not already done so.
- Request that ACT/SAT test scores be sent to the NCAA Initial-Eligibility Clearinghouse.
- Keep up with studies and once again review the NCAA requirements to make sure they have not changed.
- Keep investigating other colleges and send out additional resumé.
- Prepare video tape to be sent, when requested.
- Send out updates as your season closes. Include your new statistics and any special recognition you may have received.
- Visit some of the campuses that you are interested in, if you can.
- Try to watch some local college games in your sport, especially if one of the schools you are interested in is playing close by.
- In July, after competition of your junior year, phone contact with college coaches is permissible.

SENIOR YEAR

Dedication: Maintain Status

- Do not let up on academics!
- Review your core requirements with your counselor.
- Send out your senior team schedule as soon as possible for high school and club.
- Keep college coaches posted of any changes or updates to your team schedules.
- Send out last of resumes if new interest in other schools.
- Find out Letter of Intent dates for your particular sport.
- Take advantage of, no more than five (5), college expense paid visits, if offered.
- Ask lots of questions and weigh all the advantages and disadvantages of the schools you are interested in.
- Study hard and play hard, but remember you are a “student-athlete”... the “student” comes first.