

USA Volleyball Rule Change Announced (effective immediately)

New USAV 5.3.1

“One assistant coach may leave the bench to give instructions to the players on the court. This assistant coach may give these instructions while standing or walking within the free zone in front of his/her team bench from the extension of the attack line up to the warm-up area, no closer than 1 meter from the court, without disturbing or delaying the match. Other assistant coaches may give instructions to players on the court while remaining seated on the team bench.”

To replace Old USAV 5.3.1

“While remaining on the bench, the assistant coach(es) may give instructions to the players on the court.”