

Everyone Can Play

Although sitting volleyball is a Paralympic sport, everyone can play this exciting and fast paced game. Able bodied and disabled, young and old, friends and family, can all come together to battle it out on the sitting volleyball court.

Partnering Organizations



U.S.A Sitting Volleyball
100 North University Drive
Box 99
Edmond, Oklahoma 73034
Address Correction Required



Sitting Volleyball League

Hosted by
University of Central Oklahoma
Oklahoma Region Volleyball
Association
&
USA Volleyball



Get down with our game!

Tuesday Nights, 7-10pm
At UCO's Wellness Center

League runs May 25 - June 29

Phone: 405-974-3153

Web site: www.usavolleyball.org



League Details

- Players who register as individuals will be grouped with other individuals to create teams
- Each team will be placed with a member of the U.S. Men's or Women's Sitting Volleyball teams to provide guidance
- Teams will be grouped into pools for round robin play to determine seeding for championship brackets
- Each match will be played in a best of 2 out of 3 sets format
- The first two sets will be played to 25 points (2 point advantage; no cap) and the third set, if necessary, will be to 15 points (2 point advantage; no cap)
- Rally scoring will be used in all matches
- A head referee will be provided for all matches
- Teams will provide a second referee, line judges, and a scorekeeper for one match each night
- Official WOVD Sitting Volleyball rules will be followed. Rules are available at: <http://www.sittingvolleyball.org/rules.htm>
- Awards will be provided to the top 2 finishing teams



- The position of each player is determined and controlled by the position of their bottoms. This means that the hand(s) and/or leg(s) may lie in the attack or free zone outside the court.
- "Bottom" is defined as the upper part of the body, from shoulder to one's buttocks.
- Touching the opponent's court beyond the centerline with a hand is permitted, if some part of the penetrating hand remains either in contact with or directly above the center line. To contact the opponent's court with any other part of the body is prohibited. The player may penetrate into the opponent's space under the net, provided there is no interference with the opponent.
- The player is not allowed to lift his/her bottom from the court when executing any type of attack-hit. The back-row player may perform any type of attack-hit from any height, if at the time of the hit the bottom does not touch or cross over to the attack line.
- The player must have contact with the court with some part of the upper part of the body at all times when playing the ball, except when making a defensive free zone play. In such defensive play, a loss of contact with the court is permitted for a moment.
- The referee's official hand signal of "lifting from the court" is raising the upper hand and forearm positioned parallel to the floor and mirroring the lower hand and forearm.
- Referees in sitting volleyball must stand to the sides of the court due to the height of the net and the fact that the players are in a seated position

Sign-up Form

Registration Deadline - May 10

<i>Sign up as:</i>	<i>Price</i>
<input type="checkbox"/> Individual Player	\$35
<input type="checkbox"/> Team (6-10 players)	\$200

Individual or Team Captain _____ T-Shirt Size _____

Address _____

City / State / Zip _____

Phone Number _____

Email _____

Team Name _____

Player #2 _____ T-Shirt Size _____

Player #3 _____ T-Shirt Size _____

Player #4 _____ T-Shirt Size _____

Player #5 _____ T-Shirt Size _____

Player #6 _____ T-Shirt Size _____

Player #7 _____ T-Shirt Size _____

Player #8 _____ T-Shirt Size _____

Player #9 _____ T-Shirt Size _____

Player #10 _____ T-Shirt Size _____

Please make check payable to USA Volleyball

For More Information - Elliot Blake

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Sitting Volleyball Court Dimensions

